



Healthy Choices Count!

APRIL FEATURE

Connect With Community

STRATEGY 7

Engage community partners to help support healthy eating and active living

DID YOU KNOW?

Learning can come from way beyond the classroom! Engaging with individuals and organizations in your community can provide fun and impactful learning opportunities for students to connect with their community and establish a sense of belonging as they learn!



REACH OUT TO YOUR COMMUNITY!

Community partners can add expertise and extra hands to your Healthy Choices Count! efforts. Think about how you might include one of the community partners below in your plans!

- Ask SNAP educators to provides nutrition education.
- Ask health professionals such as your local pediatrician or nutritionist to come share their expertise.
- Partner with your local food bank to do a healthy food drive
- Ask master gardeners to help with your program garden.
- Take a tour of a local farm to learn how fruits and vegetables are grown

EVERY KID HEALTHY WEEK 2025

Every Kid Healthy™ Week is an annual celebration of school health and wellness achievements. It takes place during the last full week of April and each day shines a spotlight on the actions schools and families are taking to improve the health and wellness of their kids. Check out the awesome resources from Action for Healthy Kids at www.actionforhealthykids.org/every-kid-healthy-week

